Mental Health Resources

**Chamblee Cares**
Chamblee Cares Organization provides education, training, and encouragement to the Chamblee Charter High School community in order to foster mental health wellness and help prevent suicide.

**Lee Thompson Foundation**
Dedicated to erasing the stigma associated with mental illness, advancing holistic health treatments and improving the lives of all those impacted, this organization disseminates information to the general public, supports research and sponsors youth programming that strengthens support systems and promotes well being.

**National Suicide Prevention Hotline**
The National Suicide Prevention hotline is available 24/7. If you feel you are in a crisis, whether or not you are thinking about killing yourself, please call the Lifeline. People have called for help with substance abuse, economic worries, relationship and family problems, sexual orientation, illness, getting over abuse, depression, mental and physical illness, and even loneliness. When you dial **1-800-273-TALK** (8255), you are calling the crisis center in the Lifeline network closest to your location. After you call, you will hear a message saying you have reached the National Suicide Prevention Lifeline. You will hear hold music while your call is being routed. You will be helped by a skilled, trained crisis worker who will listen to your problems and will tell you about mental health services in your area. Your call is confidential and free.

**Treatment Locator**
Substance abuse and mental health are issues that have an impact on society and families across America. Often times, we may want to help but are not certain where to start. We have provided a list of services available to those who may need assistance.